

Coach's Corner



The Spring Season is right around the Corner

Dear Parents, Alumni, & Friends...

Hello from Bucknell! All of us here at Bucknell are extremely excited to get our season underway. Despite the cold and snowy weather that has kept us inside for numerous practices, things could not be better. After three full weeks of practice and lifting, the team looks ready to take on the Patriot League and many other competitive opponents. The ladies have been working exceptionally hard in preparation for the start of the short and exciting season. We kick off the season with our first official game of the season Sunday, March 2nd versus Niagara University. We are very excited to try out our new look. We have incorporated several new offensive and defensive plays that are sure to puzzle many of the teams we

face this year.

The Bison competed in the Charles Street Challenge at Loyola College on Sunday February 23, 2003. We faced many tough teams, and definitely held our own throughout the tournament. The day started out with a game versus the College of New Jersey, and really allowed the team to get some of the nervousness and kinks out that have been building up all through pre-season. But the team really showed the fans and us some great things during the next three games versus Delaware, Yale, and finally Rutgers. The up tempo style of play, great passing, catching, and transition gave everyone something to look forward to seeing this season

On another positive note, we are proud to say that because of all your donations, we have raised enough money to finance our entire spring break trip to Denver, Colorado. Thank you to everyone that has taken the time to help our program, and we look forward to making you proud of being a part of the Bucknell Women's Lacrosse family!!

We hope to see many of you cheering from the sidelines at some point this season. You can see the 2003 Bison in action for the season opener at Christy Mathewson- Memorial Stadium on Sunday March 2.

Again, we want to thank all of you for your generosity and continued support of the Women's Lacrosse Program here at Bucknell. We hope to see you all this spring. Go Bison!!

Sincerely,

Randall Flynn and
Pam Lowie

INSIDE THIS ISSUE

- 2 2003 Spring Schedule
- 2 Fundraising Updates
- 3 A Player's Perspective by Nicole Kallis and Suzanne Raffaele
- 3 Sojka Pavilion Opens on BU campus
- 4 Fun in the Snow

** Remember you can always check out what's happening with other Bison athletic programs at:

www.bucknellbison.com





Order Today!!

Don't miss your opportunity to purchase stylish Bucknell Women's Lacrosse Clothing. We still have some long and short sleeve t-shirts for sale, as well as hooded and crew sweatshirts. We have a limited supply of each, so please contact us soon!!



 **WOMEN'S LACROSSE** —



What we have left:

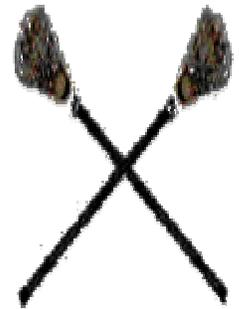
- *Medium and large white long sleeve shirts
- *Medium grey short sleeve t-shirts
- *Small, medium, large, and x-large navy crew sweatshirts
- *Small, large, and x-large grey crew sweatshirts
- *X-large grey hooded sweatshirts



2003 Women's Lacrosse Schedule

<u>Date</u>	<u>Opponent</u>	<u>Location</u>	<u>Time</u>
3/02	Niagara	Lewisburg, pa	1pm
3/05	Monmouth	west long branch, nj	3:30 pm
3/08	Columbia	Lewisburg, pa	12 pm
3/10	Wagner	Denver, co	12 pm
3/11	Denver	Denver, co	3 pm
3/15	American*	Washington, dc	1 pm
3/22	Lafayette*	Lewisburg, pa	12 pm
3/26	Lehigh*	Bethlehem, pa	4 pm
3/29	holy cross*	Lewisburg, pa	12pm
4/01	mount st. Mary's	Emmitsburg, md	4 pm
4/05	Duquesne	Pittsburgh, pa	12 pm
4/09	St. Francis	Loretto, pa	3:30 pm
4/12	Colgate*	Hamilton, ny	12 pm
4/16	Lasalle	Lewisburg, pa	4 pm
4/19	Villanova*	Lewisburg, pa	1 pm
4/22	Drexel	Philadelphia, pa	3:30 pm
4/26-27	Patriot League Tournament		tba

*denotes a Patriot League game



A Player's Perspective

By: Suzanne Raffaele and Nicole Kallis

As seniors, we can honestly say that we have never been so excited about the potential of our Bucknell Lacrosse team. This year not only do we have new coaches—we have a new attitude. This year's preseason has challenged us and pushed us to accomplish things we never thought were possible. Interceptions, full field passes, and smooth transitions have become more polished with each practice. Having practice time on the turf allows us to be outside even in January and February. Despite the snow and cold, being able to play full field so early on in the season allows us to get the most out of our time together. In addition to our improvement as a team, our new lifting program has help each individual to get faster, tougher, and stronger. We feel both physically and mentally prepared for all the tests we will face this year. Unfortunately, we faced a set back a few weeks ago



when one of our top defenders, Mia Donahue, suffered a severe ankle injury. The grace with which she has handled the situation and the positive attitude which she continues to maintain serves as an inspiration to us all. We can only hope to play with the composure she has demonstrated. This weekend will be our first opportunity to prove how much the hard work has paid off. We can't wait to see you on the sidelines this year!

Sojka Pavilion Opens in Style

On January 15, 2003, the Gary A. Sojka Pavilion opened its doors to host a men's and women's basketball doubleheader versus Patriot League foe Lehigh University. The multi-purpose arena is but one part of a state-of-the-art, \$46.6 million (including operating and endowment) Recreation and Athletics Center, much of which opened this fall. The Kinney Natatorium features a 50-meter-by-25-yard Olympic class pool that is the new home to the Bison swimming, diving and water polo teams. The Krebs Family Fitness Center is also online, featuring more than 15,000 square feet devoted to strength and fitness equipment. Sojka Pavilion is named in honor of Dr. Gary A. Sojka, a former Bucknell University president and current faculty member in the biology department. Sojka is credited with guiding Bucknell's successful move into the Patriot League, and he currently serves as the university's NCAA Faculty Athletics Representative. A record crowd of 3,622 watched the Bucknell Men's Basketball team play its first game in Sojka Pavilion.



Meet the team



Class of 2003

Nicole Kallis and Suzanne Raffaele



Class of 2004

Top: Meredith Wright, Laura Seiboth, Amy Halser, Maura White, Kristin Hughes, Bottom: Amy Hafets, Liz Schuster, Laura Nuss, Mia Donahue



Class of 2005



Class of 2006

Amy Lee, Merrly Geisse, Cora Preston, Andrea Paraud
Ellen Kurkowski, Annie Greenspun

Tory Field, Emily Burman, Lizzy McDaniel, Liz HanHausen,
Tracy Ryan, Abby Brewster, Rachel Prowler, Jen Osborn